

# Medication Safety



**Safely using, storing, and disposing of your medications safely is the best way to prevent overdose and misuse in your community.**

Often, the first time that someone misuses a prescription medication is through a loved one's medicine cabinet. Follow these medication safety tips to help protect yourself and others.

**If you have opioids in the home you need to have Naloxone.**

Naloxone is a safe medication that safely stops opioid overdose. Ask your doctor or pharmacist for more information on how to get Naloxone.



## Safe Use

- Never take medications that are not prescribed to you
- Never share medication
- Ask your doctor or pharmacist for dangerous effects with other substances like alcohol
- Never take a higher/lower dose than what your doctor recommends



## Safe Storage

- Safely store your medications in a secure and locked location
- Keep track of how many medications you are taking to be able to notice when medications are missing
- Keep medications in original packaging



## Safe Disposal

- Do not throw medications in the trash
- Dispose at a safe medication drop off site (can be found at many CVS/Walgreens) or visit: [bit.ly/3ARGhLI](https://bit.ly/3ARGhLI)

If you or someone you know is struggling with substance use, call 988 for access to help, hope, and resources. 24/7.